

**Contact: Angela Turley**  
Federal Way Masters Swim Team  
Phone 253-797-4920  
Email angelajtu@comcast.net

PO Box 24083  
Federal Way, WA 98093  
Coaching 253-838-8408  
Membership 253-874-2153

**Federal Way Kings**

# Press Release

## **Bingo with a splash!**

Federal Way Kings Swim Team takes BINGO into the water!

**Federal Way WA, February 22, 2010:** Federal Way Masters Swim Team puts a splash in the traditional Bingo game! This year the team is hosting the USMS Check-Off Challenge with a Bingo theme. Members of USMS may participate with the purchase of a t-shirt (their bingo card) and blackout their bingo cards by completing a number of different swimming events including the 50 free, 100 butterfly or open water swim. Federal Way Kings will be hosting a Bingo party February 27<sup>th</sup> at 6:00 PM, at the Tukwila Swimming Pool, for local participants. The Bingo party will be coached by Wendy Neely, Federal Way Kings Head Coach. The bingo party will include events listed on the bingo card, participants can mark off all events they completed at the party.

### **About the Check-Off Challenge**

The CHECK-OFF CHALLENGE is a postal event designed to motivate swimmers to complete 18 "pool" events and an "open water swim" during the 2010 calendar year. It challenges all levels of swimmers. Novice swimmers can swim new events. Experienced swimmers can try for their personal best times in as many events as practical. Simply "Check-off" each swim on your [t-shirt](#) when you complete the event.

### **About the Federal Way Kings Swim Team**

Federal Way Kings was established in 1974 and is a member of the United States Masters Swimming Association. Federal Way Kings is an adult swim team with practices at the Federal Way Community Center, Kent Meridian Pool, Fife Swimming Pool and the Weyerhaeuser King County Aquatic Center. We also offer adult swim lessons through our affiliate Tri Time Swimming for all swimming abilities and specialize in tri athlete training.

Federal Way Kings Swim Team – <http://www.fwmasters.com>

Tri Time Swimming – <http://www.tri-time-swimming.com>

### **About the United States Masters Swimming Association**

U.S. Masters Swimming (USMS) is a national organization that provides organized workouts, competitions, clinics and workshops for adults aged 18 and over. Programs are open to all adult swimmers (fitness, triathlete, competitive, non-competitive) who are dedicated to improving their fitness through swimming.

Founded in 1970, the non-profit corporation is organized with over 500 clubs in 52 regions throughout the United States. Membership numbers more than 50,000, with individual members ranging in age from 18 to over 100.

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